

BSO Sports Training Schedule

Start dates, times, locations are subject to change. Please contact the coach to confirm your participation and to ensure that the information has not changed prior to the listed start date.

SPORT & SEASON	DAY AND TIME	LOCATION/ADDRESS	COACH CONTACT
BASKETBALL January to June	Mondays 6:00 PM – 7 PM Starting 1/14/2019	Northeast Middle School 1170 Fernwood St Bethlehem	Fred Knauss Bso.fred@gmail.com
BOCCE – coming soon July to November			Fred Knauss Bso.fred@gmail.com
BOWLING September to February	Fridays 5:30 PM – 7 PM	Town & Country Lanes 1770 Stefko Blvd. Bethlehem	Kelly Kleppe, Kelly.Kleppe@gmail.com
GOLF March to August	Wednesdays & Sunday afternoons	Bethlehem Executive 9-hole Course, 400 Illicks Mill Road Bethlehem	Ron Lewis 610-759-6837
GYMNASTICS – ARTISTIC November to June	Thursdays, 7:30 PM to 8:30 PM	Parkettes Center 401 Martin Luther King Drive Allentown	Casey Skoglund 610-657-6134 gcjc1973@gmail.com
GYMNASTICS – RHYTHMIC November to June	Wednesdays 6:30 PM to 8:00 PM	Asa Packer Elementary School 1650 Kenwood Drive Bethlehem	Casey Skoglund 610-657-6134 gcjc1973@gmail.com
LONG DISTANCE RUNNING August to November	Thursdays, 6:30 – 8 PM	Howertown Park, Rt. 329 & Weaversville Road Northampton PA	Michelle Semler jnmsemler@msn.com
POWERLIFTING September to December, February-May	Tuesdays 6 PM to 8 PM	The Twin City Barbell Club 181 S. Whitfield Street Nazareth, PA 18064	Ron Lobb 484-542-0432
SNOWSHOEING November to February	Sundays 2:30 PM to 3:30 PM	Rockland Park, Bethlehem Rockland St & Stefko Blvd (across Stefko from Just Born)	Alice Moat 610-751-1795 acmoat@verizon.net
SOCCER August to November	Sundays, 3 – 5:30 PM	Hanover Community Center Field 2, Harriet Ln. & Crawford Dr. Bethlehem	Donna Boyle 610-317-6033

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SOFTBALL January to June – indoors until weather is nice	Wednesdays 6:00 to 7:30pm PM	Nitschmann Middle School 1002 W Union Blvd.	Donna Boyle 610-653-8025
SWIMMING September to June	Tuesdays Rookies: 6-7 PM Advanced: 7-8 PM	Liberty High School Pool 1115 Linden Street, Bethlehem	Pam Magnan pjkm3@aol.com
VOLLEYBALL Mid-July to November	Mondays, 6 to 8 PM July and August Mondays, 6 PM to 8 PM September to November	Hanover Twp. Community Center Gym 3660 Jacksonville Road, Bethlehem Northeast Middle School 1170 Fernwood Street, Bethlehem	Gretchen Siemon bsogretchen@gmail.com
YOUNG ATHLETES 8-week training session for athletes 2 to 7 yrs old			Alice Moat or Fred Knauss BSO Manager, 610-264-3616
SOPA/SOYO Multi-Sports Training Camp	Mid August	Interest Form due in April Applications due in May	For more info, contact Alice Moat 610-751-1795 acmoat@verizon.net

New Sports may be added soon ... check back often for updates!

For additional information contact BSO Manager at 610-264-3616 or info@BethlehemSOPA.org.